

# THE SHARE TABLE



Department of Food and Nutrition  
**Eating Healthy Every Day!**



## HOW IT WORKS:

Students may place certain uneaten food items from their cafeteria meal on the table.  
Students may choose food items from the table at no cost.

## FOOD ALLOWED: \*ALL share table items MUST be UNOPENED\*

### Packaged Food ✓

*Craisins, Cereal Bars, Cereal Boxes, Crackers, Pita Chips*

### Whole fruits that need to be peeled AND those that are pre-wrapped ✓

*Apples, Pears, Oranges, Bananas*



## FOOD NOT ALLOWED:

### Food brought from home ✗

### Hot & Cold Food ✗

### Unpackaged fruits and vegetables with edible peels ✗

*Apple slices, Grapes*

### Fruit cups that aren't commercially packaged ✗

### Food that's been partially eaten or opened ✗



*This institution is an equal opportunity provider.*