

Dr. Marta Pérez, Board Member

SUBJECT: REQUEST FOR APPROVAL OF RESOLUTION NO. 07-32 OF THE SCHOOL BOARD OF MIAMI-DADE COUNTY, FLORIDA, HONORING RHONDA L. SMITH AND FIT KIDS, CORP., FOR THEIR CONTRIBUTION IN MOTIVATING AND EDUCATING STUDENTS OF MIAMI-DADE COUNTY PUBLIC SCHOOLS

COMMITTEE: INSTRUCTIONAL EXCELLENCE AND COMMUNITY ENGAGEMENT

LINK TO DISTRICT STRATEGIC PLAN: ACTIVELY ENGAGE FAMILY AND COMMUNITY MEMBERS TO BECOME OUR PARTNERS IN RAISING AND MAINTAINING HIGH STUDENT ACHIEVEMENT

Rhonda L. Smith, Executive Director of Fit Kids, Corp., pioneered its program as a result of the growing concern over health risks associated with overweight, obesity and the emerging sedentary lifestyles of children and teens. It took a profound commitment and determination of Fit Kids, Corp., to partner with many of our schools to reach, motivate, and educate our students and their families on the importance and lifelong benefits of initiating and maintaining healthy and active lifestyles. Fit Kids' ensemble of health professionals, nutrition educators, fitness coaches, and instructors provide work-out sessions, vibrant and educational presentations about the rewarding and exciting fields of Fitness, Wellness and Nutrition as potential career paths as well as stress the importance of the entire family's participation to embrace a lifestyle change.

Ms. Smith and Fit Kids play an active role in our schools' Open House activities, Orientations, PTSAs, Parent Resource Centers, E.E.S.A.C., and School Improvement Plans by providing presentations and educational materials concerning issues and practices that are vital to the health and wellness of the entire family. In addition, Fit Kids Center hosts FCAT Rallies, Teacher Appreciation Day events, Principal Meetings, as well as an annual health fair that provides free screenings and lectures by health care professionals and pediatric specialists.

**ACTION PROPOSED BY
DR. MARTA PÉREZ:**

That The School Board of Miami-Dade County, Florida, approve Resolution No. 07-32 of The School Board of Miami-Dade County, Florida, honoring Rhonda L. Smith and Fit Kids, Corp., for their contribution in motivating and supporting students of Miami-Dade County Public Schools to establish a solid foundation of sound nutrition and healthful lifestyle habits

**RESOLUTION NO. 07-32
OF THE SCHOOL BOARD OF MIAMI-DADE COUNTY, FLORIDA
HONORING RHONDA L. SMITH AND FIT KIDS, CORP.,
FOR THEIR CONTRIBUTION IN MOTIVATING AND SUPPORTING STUDENTS OF MIAMI-
DADE COUNTY PUBLIC SCHOOLS TO ESTABLISH A SOLID FOUNDATION OF SOUND
NUTRITION AND HEALTHFUL LIFESTYLE HABITS**

WHEREAS, Ms. Rhonda L. Smith, Executive Director of Fit Kids, Corp., has partnered with many of our schools to reach, motivate, and educate our students and their families on the importance and lifelong benefits of initiating and maintaining healthy and active lifestyles; and

WHEREAS, Ms. Rhonda L. Smith and Fit Kids, Corp., was inducted in the 2006-2007 school year into the Dade Partners Hall of Fame, having earned the Exemplary Dade Partners Award for two years both for Small Business and Joint Venture; and

WHEREAS, Ms. Rhonda L. Smith generously supports our schools and our students by hosting FCAT Rallies, Teacher Appreciation Day events, Principal Meetings and actively participates in E.E.S.A.C., PTSA, Open Houses, Orientations, and Parent Resource Centers; and

WHEREAS, Ms. Rhonda L. Smith and Ms. Connie Sootin, Executive Directors of Fit Kids, Corp., along with their ensemble of health professionals, nutrition educators, fitness coaches and instructors participate in Career Day events at many of our elementary, middle, and high schools by providing work-out sessions, vibrant and educational presentations about the rewarding and exciting fields of Fitness, Wellness and Nutrition; and

WHEREAS, Ms. Rhonda L. Smith and Fit Kids, Corp., have worked collaboratively and vigorously with our students and their families to help build stronger and healthy citizens for the future that will make positive contributions to our society.

NOW, THEREFORE, BE IT RESOLVED THAT:

The School Board of Miami-Dade County, Florida, approve resolution No. 07-32 of The School Board of Miami-Dade County, Florida, honoring Rhonda L. Smith and Fit Kids, Corp., for their contribution to the students of Miami-Dade County Public Schools.

A copy of this resolution is placed in the permanent records of this Board.

Presented this 13th day of June, A.D. 2007

THE SCHOOL BOARD OF MIAMI-DADE COUNTY, FLORIDA

CHAIR

ATTEST:

SECRETARY